Resilience Forged Through Survival

How Surviving 9/11 Shaped My Life, Perspective, and Leadership

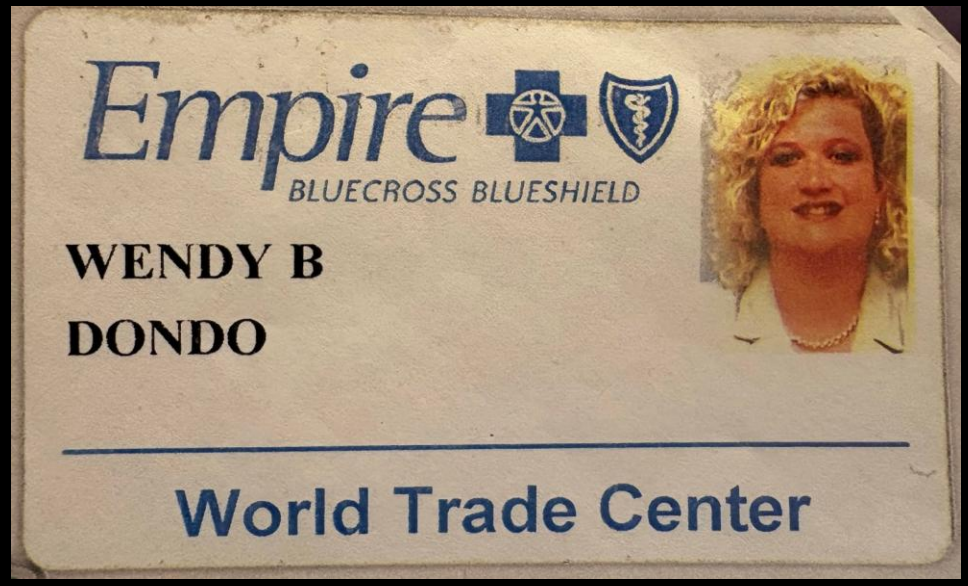


Some moments divide life into

BEFORE and AFTER

Before...





Koenig Sphere



View from the Top



The Mall



The Plaza



After…





September 11, 2001

The day that changed everything.

I Survived. Here is my story.

Boat Rescue



Shock. Fear. Uncertainty.

Survival was not the end.

It was the beginning.

Managing Trauma – What I Have Learned

CHANGE

- ✓ Survivor's Guilt
- ✓ Defining my purpose
- ✓ Living with PTSD

RESILIENCE

- ✓ Channeling trauma into purpose
- ✓ Volunteering
- ✓ Partnering with the 9/11 Community
- ✓ Speaking out against post 9/11 Islamophobia

GROWTH

Mindset Shift: Now what???

What matters most

became crystal clear.

Resilience

Is built when quitting isn’t an option

Perspective changes everything.

It reshapes your priorities

Adversity became strength. Strength became leadership. Leadership created growth.

Lead people with empathy.

You never know what someone is going through

Disaster Recovery and Business Continuity are more than concepts

Be a part of the solution

If you are facing your own storm…

You are stronger than you think.



Here is my “Why” Abe and Ed…, and FDNY Captain Billy Burke













Questions and Reflections